

Academic Performance of Customs Administration Students in the Province of Batangas

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Abstract – *This study aims to determine the factors affecting the academic performance with regards to school-related aspect, teacher-related aspect and study habits and identify the problems encountered by Customs Administration Students affecting their academic performance. Descriptive type of research was utilized in the study with 285 students as respondents. Result showed that all school-related, teacher-related and study habits factor have a great impact and play a vital role in the improvement of the academic performance of the customs administration students. They strongly agreed that proper observance of class schedule of the school and teacher's mastery of the subject matter are two of the factors that can help them excel in their academic performance. It is also said that jotting down notes to understand certain topic really helps the students to improve their academic performance.*

Keywords: *academic performance, school related factor, study habits*

INTRODUCTION

Academic fulfillment or overall performance is the quantity to which a student, their professors and college organization have brought out their quick or lengthy-period educational desires. Academic fulfillment is generally measured through examinations or non-stop checks but there may be no preferred settlement on how it is best evaluated, or which components are maximum crucial procedural information which include statistics. Moreover, there are outcomes over which gender elements efficiently predict academic overall performance, factors which include test anxiety, environment, motivation, and feelings require consideration when growing models of school achievement.

Batangas province is one of the provinces in the CALABARZON which offers Customs Administration program. This program provides college students with the theories and actual trainings which might be important on the realistic software and implementation of the tariff and customs legal guidelines, rules and tips which might be being implemented through the specific authorities' sectors which are in relation to the industry of trade. Students can also be able to gather and analyze various regulations and regulatory proceedings and their implication to taxation.

The academic performance of a student reflects on their grades but there are some external factors or

influences that can mainly affect the results. Some are evident, observable and recognizable while some are hidden, subtle and overlooked in every class. Many factors may affect the academic performance of the students emotionally, physically and socially; therefore, it is solely dependable on how the student performs on their graded recitation, quizzes and major exams physically, adapt to the social issues surrounding them and face their problems to avoid such affecting their academic performance.

Part of studies has been directed in the zone of students' accomplishment and these investigations recognize and dissect the quantity of elements that influence the students' performance. Their finding distinguishes students' conditioning, past tutoring, parent's instructive foundation, self-inspiration of students, student's age, learning inclinations and passage capability of students as critical variables that have impact on students' fulfillment in various setting. The utility of these examinations lies in the need to attempt remedial measures that enhance the educational accomplishment of the students [1].

Students are the most basic resource for any instructive establishment. The social and financial advancement of the nation is specifically connected with student's achievement. The students' educational accomplishment assumes a fundamental part in

creating the best quality graduates who will end up as incredible leaders and labor for the nation; therefore, in-charge of the nation's financial and social improvement. Students' educational accomplishments estimation has gotten extensive consideration in past research, it is testing parts of intellectual writing, and science student fulfillment is influenced because of social, mental, financial, natural and individual elements [2].

In this era, the Bachelor of Science in Customs Administration is very tough, because it requires lots of memorization, calculation and analytical thinking. One thing is classification of goods for customs obligation and there are numerous fabric names and terminologies that one must recall. The status of Customs Administration students is in an average stage because not all students entering in college can afford to study in a good school and working outside class hours would be one of the reasons that is why they continue to monitor academic performance as one facet of academic success.

The researchers conducted this study primarily because they want to understand the academic performances of the Customs Administration students in the Province of Batangas as well as the reasons affecting their performance and the possible solutions in addressing such problems. It will immensely benefit them, the researchers, for they are also experiencing problems that affect them as a student of Customs Administration. They became aware of this problem because of their own experiences which they believe are also experienced by the other students. Aside from that, various social media pages are posting such difficulties so out of curiosity that it is alarming how they tend to prioritize academics over physical and mental health and always a battle between good grades and well-being. They would like to provide a solution in such problems.

OBJECTIVES OF THE STUDY

This research aimed to determine the academic performance of Customs Administration students in the Province of Batangas. More specifically, to describe the profile of the respondents in terms of age, gender, and weekly allowance, to determine the factors affecting the academic performance with regards to school-related aspect, teacher-related aspect and study habits; and identify the problems encountered by Customs Administration Students affecting their academic performance.

METHODS

Research Design

This study used the descriptive method of research. Descriptive research determines the different current issues or problems by using data collection as the process to be able to describe and interpret the problem more accurately and completely than was possible without employing this method. Descriptive research is conclusive in nature, as opposed to exploratory. This means that descriptive research gathers quantifiable information that can be used for statistical inference on the target audience through data analysis. If used properly it can help an organization better define and measure the significance of something about a group of respondents and the population they represent [3].

This type of research method was chosen by the researchers because it is the most suitable and appropriate way to know and come up with the result of this study. Through such method which helped the researchers collect which are the most problems encountered by customs administration students.

Participants of the Study

The participants of this research were a hundred percent of Customs Administration in the province of Batangas coming from different schools. There are five (5) schools in total that offer Customs Administration program namely: School A; School B; School C; School D; and School E. The researchers targeted the 3rd year Customs Administration students from the five (5) universities that offers such program from the entire provincial area as their respondents in this thesis.

Instrument

The researchers used an adopted questionnaire from the study of Alos [4] and a self-made questionnaire. The questionnaire has three (3) parts. The top part is intended to describe the profile of the respondents in terms of age, gender, civil status, and weekly allowance. The second part of the questionnaire is adopted from a previous study and was slightly modified by the researchers. It focuses on the factors that help improve the academic performance of Customs Administration Students among the different universities in the province of Batangas. The last part of the questionnaire which is self-made by the researcher deals with the problems encountered by Customs Administration students affecting their academic performance. This questionnaire had undergone reliability test with a Cronbach's alpha result of .726.

Procedure

After the Pre-oral defense, the researchers conducted a meeting with an agenda to improve and modify every detail that the panel wants to edit for the betterment of the study. They submitted the study to their adviser to verify the modification of the study whether the researchers followed what the panel said to improve or modify. The researchers conducted a pilot testing of the self-made questionnaire which includes the problem encountered by BSCA students and underwent reliability test as instructed by the adviser and the statistician. After the reliability test, the researchers proceeded in improving and preparing the questionnaire to be answered by the respondents in the different schools in the province of Batangas. They divided the work so that the process of giving out questionnaires to different schools will be faster. After that, they proceeded in tabulating the results of the questionnaire to be forwarded and submitted to the statistician for the final results and they started interpreting the results and discussion after receiving the result and proceeded to formulating the conclusions and recommendations. The retrieval rate of the questionnaire was 100 percent.

Data Analysis

The needed information was encoded, computed and expound using different statistical tools such as weighted mean and analysis of variane (ANOVA). These tools were used to construct the objectives of the study. In addition, all data were treated using a statistical software PASW version 18 to further examine the results of the study. Ethical considerations in research are critical. Ethics are the norms or standards for conduct that distinguish between right and wrong. They help to determine the difference between acceptable and unacceptable behaviors.

RESULTS AND DISCUSSIONS

Table 1. Percentage Distribution of the Respondents' Profile

Profile Variables	Frequency	Percentage (%)
Age		
17-19 years old	227	79.6
20 -22 years old	47	16.5
23-25 years old	11	3.9
Gender		
Male	105	36.8
Female	180	63.2
Weekly Allowance		
200 to 500 pesos	113	39.6
501 to 1000 pesos	137	48.1
Above 1000 pesos	35	12.3

Table 1 presents the percentage distribution of the respondent's profile in terms age, gender, civil status and weekly allowance.

It is clearly shown that with regards to age 17-19 years old got the highest percentage of respondents with 79.6% while on the other hand, ages 23-25 are the least having a percentage of 3.9. This clearly indicates or shows that most of the students who cooperate in the study are aged 17-19 years old probably because this is the age bracket where the target respondents, which are the 3rd year BSCA students, belong and students at this age bracket make up the majority of the 3rd year Customs students.

Ages 17-19 are more diligent to participate in answering questionnaires and academically that is why it supports the study of Amuda [5], that younger students excel most academically because of their carefree attitude.

With regards to gender, the highest percentage of respondents are female having a percentage of 63.2 while on the other hand, male respondents have the least percentage of 36.8. This shows that most of the respondents are female because of the high number of populations of 3rd year female BSCA students in the different schools and universities in Batangas. Probably because majority of the students enrolled in the BSCA program are female resulting to higher participation of the female in this study rather than the male [6].

Lastly is the weekly allowance. The highest accumulated percentage is the weekly allowance of 501 to 1000 pesos having 48.1% while the opposite is above 1000 pesos having 12.3% percentage only. Many students agreed on having a weekly allowance of 501 – 1000 pesos. Most of the college students are not like students from the secondary or elementary level who goes to school five (5) times a week, that is why it is sufficient to have at least 500 pesos and maximum of 1000 a week for food, transportation and other needs especially those students who stay and rent in dormitories and apartments. Usually their rent is separated from their weekly allowance [7].

Table 2 below shows the factors that help improve the academic performance of Customs Administration students in the Province of Batangas. It has a composite mean of 3.29 with verbal interpretation of agree.

Among the items mentioned, "Proper observance of class schedule" got the highest weighted mean score of 3.58 and got a verbal interpretation of Strongly Agree. The researchers believed that a good schedule gives students a good time in order to study. Having good schedules makes the student to be productive and do the task assign for them without any regret.

According to the study of Blakesley, et al. [8], the time table of classes gives collaboration with the students, facilities, and time in offering their educational guides. Classrooms also have their own capacity in accepting students. They say time is gold, so one needs to use all the time he/she had and never waste it. The effectiveness of the master schedule of classes will depend on the distribution of classes based on school policies. If the time is being use always, the more effective the system. Schedule provide greater selectivity of courses and more utilization of staff and space resources.

Table 2. Factors that Help Improve the Academic Performance of Customs Administration Students in the Province of Batangas in terms of School-Related Factor

School-Related Factor	WM	VI	Rank
1. Proper observance of class schedule	3.58	Strongly Agree	1
2. Frequency of course-related programs and activities.	3.33	Agree	3
3. Availability of library references.	3.21	Agree	8.5
4. Cleanliness and orderliness of school facilities especially classrooms.	3.23	Agree	7
5. Availability of reliable, fast and easy internet access.	3.28	Agree	5
6. Capacity of school areas such as library, classroom and halls to hold many students.	3.21	Agree	8.5
7. Positive school environment	3.29	Agree	4
8. Availability and consistency of school materials and facilities	3.27	Agree	6
9. Capacity of the school to accommodate students	3.35	Agree	2
10. Distance of classrooms to one another.	3.14	Agree	10
Composite Mean	3.29	Agree	

Legend: 3.50 – 4.49 = Strongly Agree; 2.50 – 3.49 = Agree 1.50 – 2.49 = Disagree; 1.00 – 1.49 = Strongly Disagree

School timetables are a good essential for selection of reasons. They ensure that no instructor is having a multiple schedule for teaching students. The timetable allows student to easily understand their schedule. A well-constructed timetable establishes a natural rhythm

and routine, which can be comforting to teachers and college students [9].

Second to the highest, item “Capacity of the school to accommodate students” got the weighted mean of 3.35 and a verbal interpretation of Agree. The researchers believed that a school which can accommodate students well can produce great professionals in the future as they develop learning organizations that increase of student achievement.

The school size is depending on the size given by the government or how many the school brought. It must be well-constructed and have a good design for the future generations. The architect is the one who prepared the concept designs and later will make the detailed drawings. To provide a better school for the young one up to present they must select a committed plot of land about 20,000 to 25,000 square meters so that they may have many courses to offer because of the areas for sport activities, which at some point can be reconfigured for future growth [10].

Next in the rank, item “Frequency of course-related programs and activities” garnered a weighted mean of 3.33 with the verbal interpretation of Agree. Researchers believed that those related programs can help students familiarize the course that they chose.

According to a study, having seminars, programs and activities which are related to their course will help them to know what is happening in their field of work. This kind of activities can also build their professional skills in gaining knowledge on what could happen in the work. It is also a quality time for students who had similar interests as the other. Lastly, it will allow them to share their interests and learn new things that they did not encountered at least once in their life [11].

Research suggests that participation in outside programs and activities like in a convention which they gathered students from different schools will have advantages for them, including their social skills, emotional development, and academics. However, beyond this kind of event will give opportunities for them in an area which they can find out what really are their strength, how they take on responsibilities in things they do and tackle some difficult tasks [12].

The availability of library references; capacity of school areas such as library, classroom and halls to hold many students and distance of classrooms to one another got the lowest weighted mean of 3.21 and 3.14 with verbal interpretation of agree.

Among the items mentioned, “Availability of library references” falls under rank 8.5 with the verbal interpretation of Agree. The researchers believed that

library references are not that useful anymore because of up-to-date technology.

Libraries are not just a library it is an area unit effective service establishment. He stated also that the responsibilities of libraries are to gather and organize books and journals based on what topic it is about so that it is easy to spread information correctly. An effective reference service will help more easily for the students to look for the data they need. This study expressed that with the help of the reference service is ascertain contact between the user and the right document at the proper time will minimize the time they may consume [13].

There are many people who love reading and through libraries it is more efficient for them to read and read especially for those who cannot buy books because they are costly. Libraries will allow students to borrow two books for two weeks. It might be so much helpful for the students who does not have money to afford books and for those who have money, but they choose to be thrifty and borrow books in the library. For example, valuable books like Encyclopedias and huge dictionaries cannot be purchased because of the cost which is terribly high [14].

The item “Capacity of school areas such as library, classroom and halls to hold many students” also falls under the rank of 8.5 with the verbal interpretation of agree. Researchers believed that it affects academic performance because every student deserves a good environment to study.

Overcrowded classrooms and schools become one of the problems of some students which they increased every year. Being overcrowded of a classroom, students may not be able to focus on listening or encouraging themselves to be learned. Alternatively, classrooms with enough space will provide the students a good environment. Also, classroom space is an emphasis in 21st century which is ensuring the students to easily talk to each other and do their activities properly. Good environment with enough space in classrooms will help the students to improve their academic performance [15].

According to a study having small class sizes will enhance the students to focus on their studies and help them to improve their performance. Additionally, this study said that there is a relationship between the quantity of students being in the class and their success. It is more efficient for the students to succeed when they are in a small class size than large class sizes. Having small class sizes the students may enhance their support to each other and make them to have a better performance at school [16].

However, the item “Distance of classrooms to one another” got the lowest weighted mean score of 3.14 and a verbal interpretation of Agree. The researchers believed that distance of classrooms affect the students in their physical health as well as in their academic performance because it consumes time and energy of a student.

Also, in the study of Blakesley et al., [8] all the schools’ rooms are scheduled and controlled by a company that will keep persevering to be on top and modernized. Through this, teachers’ can choose on which the right schedule. The hours of teaching are being selected wisely especially when they had laboratory classes and they did not add any subject that will interrupt them to go to another building. Most of the establishments have a five to ten-minute break, however the other is selected the fifteen to twenty-minutes break that makes them unprepared in academic. They must give attention to students who are travelling to the school. Allocating time to rooms which is far from the previous room tending to create problems for the students and teachers because of tardiness they will not be able to attend in the class.

Not every person can go to class to get an instruction. A few people have employments to work amid ordinary classroom hours. A few people live a long way from grounds and do not have the methods or an opportunity to move classes. A few people have handicaps that avoid or make going to classes irrationally troublesome. At the point when remove instruction is utilized as a part of option to classroom educating, it upgrades the educational programs by including present or extra data or making class assignments. Separation instruction is utilized broadly in places like in other countries where students are scattered over removed geological zones that would somehow, or another anticipate going to classes. Training is a critical item and the Internet has broken numerous hindrances to giving an instruction to individuals who might not generally get the chance to get an education [17].

Table 3 shows the factors that help improve the academic performance of Customs Administration students in the province of Batangas in terms of teacher-related factor. It was found out that the respondents agreed on above mentioned teacher-related factor with the composite mean of 3.28.

Among the items mentioned, “Teacher’s mastery of the subject matter” got the highest weighted mean score of 3.56 and a verbal interpretation of strongly agree. The researchers believed that teacher would be a great

help in building a foundation in the dreams of every student by teaching facts of the lesson.

Table 3. Factors that Help Improve the Academic Performance of Customs Administration Students in the Province of Batangas in terms of Teacher-Related Factor

Teacher-Related Factor	WM	VI	Rank
1. Teacher's mastery of the subject matter.	3.56	Strongly Agree	1
2. Abundance of time for discussion	3.18	Agree	8
3. Usage of audio or visual aids.	3.31	Agree	6
4. Usage of memorization in topics for better understanding	3.34	Agree	4.5
5. Teacher provides varied activities.	3.29	Agree	7
6. Teacher's good teaching method	2.85	Agree	10
7. Strictness of the teacher	3.14	Agree	9
8. Teacher's attendance in class	3.40	Agree	2
9. Punctuality of the teacher	3.38	Agree	3
10. Teacher follows the syllabus	3.34	Agree	4.5
Composite Mean	3.28	Agree	

Legend: 3.50 – 4.49 = Strongly Agree; 2.50 – 3.49 = Agree 1.50 – 2.49 = Disagree; 1.00 – 1.49 = Strongly Disagree

As stated by Shantz and Latham [18] the mastery of topic is the establishment whereupon the training of an educator is based. The educator requires in addition to other things the expertise of mastering the topic and having the ability to build up the interrelationships between various subjects. These are fundamental for the expert readiness of an instructor and grapple immovably on an establishment of general training of an educator which adds to the development of an instructor as a man. The teacher specializes on the subjects to be taught which generally equips the teacher with scholarly knowledge of those subjects and integrates with professional education leading to new understandings and skills for professional performance.

At the point when instructors are fit for clarifying their lessons well, the probability of studies to comprehend their lesson is high. The students are highly expected that they are not suitable in teaching the subject. Students also have the capacity in clarifying why suggestion is justified, why it merits knowing and how it identifies with different recommendations. Lampert (in squeeze), expounding

on her own instructing of fifth-grade Mathematics, gives a striking photo of the part that this sort of subject offers students additional learnings. [19].

Second to the highest, item "Teacher's attendance in class" which got the weighted mean of 3.35 and a verbal interpretation of Agree. Researchers believed that teachers' presence is the purpose why students chose to learn in school.

Educators are the most imperative school-based determinant of understudies' scholastic accomplishment among the various variables that intervene on training. The creator clarified that assessing the measure of the effect is testing a direct result of products reasons. The most vital is that the relationship is estimated in various timetables. Non-attendance is a day by day measure and accomplishments or scores are the longer stretch measure [20].

Professors with low attendance rates were compared with schools revealing high teacher attendance averages, for comparison purposes, Ohio Department of Education data was accessed, which included attendance rates of teachers and students, school performance indicators, adequate yearly progress, and individual school ratings. Statistical analysis included comparison of means, standard deviations, percentages, and test ratios which influences affected students' scores essentially on a few tests. Results disclose significant differences for teacher, student, and school performance rankings. [21].

Next that got the third rank was the item "Punctuality of the teacher" with a weighted mean of 3.38 and a verbal interpretation of agree. It greatly affects the students' behavior if the teacher is punctual and everyone would be active in studying.

Teachers are known to be the state developers. They may be the philosophers and courses for the young students. The individual and the character of a trainer greatly have an impact on the scholars they train. The information of significance to time is the utmost necessity in each one's life whether younger or old. The habit of punctuality is needed to be fashioned at a completely younger age [22].

Being an instructor, one has to be a good role model for the teachers and the students. It does not mean that he is good he can have a scholastic document, or topped work ethics among others. It only shows that being sincere in work can influence others to do good also and help students to improve in their academic performance. [23].

Abundance of time for discussion; strictness of the teacher and teacher's good teaching method got the

lowest weighted mean of 3.18, 3.14 and 2.85, respectively with verbal interpretation of agree.

Falling in the 8th rank is the item “Abundance of time for discussion” with a verbal interpretation of agree. There are instances where a class has sufficient time for discussion which vastly benefits the students to have a better understanding of the topic.

Class scheduling is making the school day longer than traditional time which is 50-minutes. They describe some of the types of class scheduling and one of that is the four by four which is found in the universities in United States. Students are dividing their time of school day by four every week to complete the year-long semester. Another type of block scheduling is the alternate day or A/B scheduling which is the students attend three or four 90-120 minutes-classes in alternate days in the entire year [24].

According to study of Zepeda and Mayers [25] which is similarly the same, they found out some evidence that most of the students and teachers like block scheduling. Students believed that with block scheduling they received better grades and their discipline problems become lower.

The effect of class hours on student achievement appears to be an immense issue without definite solution. A primary discussion counter to a lot of consideration is that the amount of time is not so essential as to how that time is used. As stated by Goldberg and Cross in *Prisoners of Time*, we call no longer solely for greater mastering time, but for all time to be used in new and better ways. However, endorsed by the application of established analysis on educational system, lengthy or abundance of study time may be used productively as an action for developing work and gaining achievement of students [26].

On the other hand, item “strictness of the teacher” falls as the second to the lowest having a weighted mean of 3.14 and verbal interpretation of agree. Strictness of a teacher can either lead to discipline a student to study well or affects his academic performance because of its fear.

Harsh disciplinary action is mainly used by known authorities in school for them to teach students for their wrong doings and generate them to comply to numerous guidelines of the school. Inability to do task since they can foresee what the discipline will be, they change the rules ahead of time to be offered again. School train ought to be intended to meet the adjustments in the way of life of juvenile. The school ought not make it excessively static as that will make the unserious students to proceed is their un-earnestness approaches to school discipline [27].

Professors being so harsh at study room, students are frightened from them and they also get afraid when they have done a mistake. Also, as they are frightened they could not study as their parents are expecting, so this may cause some disturbance in classroom. Meanwhile, when teachers are so strict, student lost their eagerness to learn new lesson they just try to pass courses. On the other hand, when teachers follow friendly behavior relationship with their student, they will see a lot motivation in their students. Firstly, students spend a lot of hours in school, so they should feel safe in school. Friendly teachers able to make a relationship with students and talk with them, sometimes they have solved student's problem. Besides, students in their classroom have no fear, they can ask every question and also, they do their homework more carefully in fact they are enjoying when they are at school. To sum up, schools have some strict roles and students must obey these roles. In the classroom, the most important responsibilities of teachers are teaching students and meanwhile prepare them to face with life's difficulty in their future. These goals are gained if teachers and student cooperate with each other [28].

However, the factor “teacher’s good teaching method” ranked last because of its weighted mean 2.85 and a verbal interpretation of Agree. This indicates that good teaching practice is a key to a student learning in process.

Hines [29], defines clarity in teaching as a cluster of instructor behaviors which relate to and facilitate the verbal exchange to college students to understand the subject matter in a way that they can absorb and permit them to study well and see that every learning counts. Feldman [30] combined the notions of “clarity” and “knowledge” into single instructing habits which is “readability and understable” however, none of the readability research that he recognizes of examined relationship amongst easy instructing and scholar grasp.

There are many studies being administered on impressive teaching overseas but in Pakistan there are few studies on practical teaching from the representation given by Borich [31]. The practice of teachers is common and up to date approaches to enhance teacher's performance are seldom. Most of the teachers do not know the main conduct that dominates student schooling, nor can they use those manners in the classroom preparation to boost the ability of the students. If professors want to educate the students according to these manners originally, their teaching method is necessary to be considered from the current

outlook of competent teaching to establish the scope needing enhancement [32].

Table 4. Factors that Help Improve the Academic Performance of Customs Administration Students in the Province of Batangas in terms of Study Habits

Study Habits	WM	VI	Rank
1. Reduction of focusing on unnecessary things that can hinder the academic performance	3.27	Agree	8
2. Observance of a consistent studying.	3.28	Agree	6
3. Attendance and punctuality in every class.	3.37	Agree	4
4. Listening to music while studying to avoid being sleepy.	2.92	Agree	10
5. Communication and good relationship with instructors.	3.32	Agree	7
6. Jotting down notes to understand certain topic.	3.46	Agree	1
7. Set a high standard in studying by having a learning strategy.	3.29	Agree	5
8. Have a positive attitude towards learning.	3.36	Agree	3
9. Make an enough rest before studying.	3.38	Agree	2
10. Avoidance of procrastination (e.g., cramming before exams)	3.18	Agree	9
Composite Mean	3.28	Agree	

Legend: 3.50 – 4.49 = Strongly Agree; 2.50 – 3.49 = Agree 1.50 – 2.49 = Disagree; 1.00 – 1.49 = Strongly Disagree

Table 4 shows factor affecting that help improve the academic performance of customs administration students in the province of Batangas in terms of study habits. It was found out that the respondents agreed on above mentioned study habits gaining a composite mean of 3.28. “Jotting down notes to understand the certain topic” got the top most weighted mean of 3.46 with verbal interpretation of Agree. The researchers believed that taking down notes really helps and improves the performance of the students when it comes to recitation, quizzes and for their benefit is the additional information.

Writing down notes benefit students to organize their learning process and determine areas of weakness. These facts support students with the information needed to fix their study time more efficiently. Students who learn to write down notes done a good job of

listening while in lectures. Good notes allow students identify the starting point when studying and where to focus. Good notes will guide every student figure out what point is important and what is only secondary. Taking down notes provides students with control, keeps them organized, and helps them improve their studies [33].

Taking down notes are crucial in college. Listening, readable handwriting, organized plan and noting of key points are the hardest in these skills. Students can ask help to their teachers to improve skills. Being good at taking down notes enhances academic success. The main reason is note taking helps students achieve better learning and academic goals. Being active to engage in learning by listening and then writing down what you hear or interpret lectures in growth of a student in the process. In some instances, students can memorize and put information without even scanning their notes because of the active learning process [34].

Second to the highest factor is “Making an enough rest before studying” that has a weighted mean of 3.38 and a verbal interpretation of agree”. An enough rest before studying can really help rest one’s brain for a while and restore his/her energy so that when he/she resumes to study he/she is ready to take his/her mind into additional information that every student encounter.

Students who stay up late at night or waking up in dawn cramming are more likely to have academic issues the following day and failing to focus as they take exams they studied being stated by University of California, Los Angeles (UCLA), researchers. Since students give up sleep for studying as they step in a higher year, the researchers that this problem increase over time. Students who didn’t get enough and good sleep have problems understanding during class hours and they were also doing badly on tests, quizzes and even home works and these is what every student should avoid. If you’re truly sacrificing your sleep for that cramming, it’s not going to be as fine as you think, and it may without a doubt be counterproductive stated by one of the psychiatry and behavioral science professor at UCLA. Most of the students spent an average sleep over an hour studying each school night throughout their school years, but their sleeping time falls by an average of 41.4 minutes which means they didn’t get enough rest. When they got enough sleep, the understanding and analysis of a student function well. However, when students prioritize studies over sleeping in the right time than usual, the following days

were identified have a big tendency to academic problems [35].

Good sleep is essential for good health. Sleep helps one feel relaxed and even helps to keep a healthy diet. College students have a busy and stressful lives. Day to day activities such as going to class, working on a summer job, or working on a computer can strain one's mind and body. Loss of sleep can affect important aspects of one's mind and body such as his/her reaction time and efficiency, energy, good judgment, learning ability and mood [36].

Item "Have a positive attitude towards learning" takes the 3rd place in the ranking with a verbal interpretation of agree. The researchers believed that positive attitude makes things in the right place which later on student will credit because of their attitude close to learning.

A good outlook toward learning helps you remember, relax, focus and take in information as you learn. You are prepared to explore new knowledge and make many kinds of learning circumstances. When you can see possibilities, hope arises. More than ever, learning is lifetime. All kinds of learning chances are just a "click" or through conversations. A positive outlook and an opinion in your ability to study well will help you enjoy the chances in process and discover many possibilities along the way [37].

A good outlook is one of the most critical aspects for a student to be successful in his study. No matter how many times one tries or attempts, he/she is gaining only half of the success he/she is aiming if he/she do not learn from your mistake in your studies. It is all about one's studying behavior. If he/she has a good perspective in learning, this is a good starting point and on the way to successful future [38].

The lowest three factors under study habits were reduction of focusing on unnecessary things that can hinder the academic performance; avoidance of procrastination and listening to music while studying to avoid being sleepy got the weighted means of 3.27, 3.18 and 2.92, respectively and have a verbal interpretation of agree.

The item "Reduction of focusing on unnecessary things that can hinder academic performance" ranked eight with a weighted mean of 3. 27 and verbal interpretation of agree. Reduction of things that is not important can maximize the time that they should be studying because nowadays there are unnecessary things like technology that can hinder the academic performance of a student.

Consumption is what handles the economy. New technologies pop out all the time, from the android to

smart phones, latest laptops, to new juice squeezers and espresso blenders. Most electronic equipment is not recyclable and even terrible when they get destroyed. The purchasing habit keeps jobs alive, but it also provides to a vast waste problem around the globe. The system is falling, and the enormous consumerism diminish the resources that people have. For the wellbeing of this planet, for the next generation, it is essential to be wise to support exceptional circumstances in this world and have a better living as well [39].

The health and wellbeing of people are being developed if they are able to engage in such activities that are worthwhile and gratifying and that health and work are equal. Current study determined the important part of being high-spirited in adults as humor, curiosity, creativity and pleasure to some things. Sportiveness is an internal condition that makes adults to engage to play in both work and leisure activities. Various action can be pleasing to different people and at one time [40].

However, "Avoidance of procrastination" follows and falls in the ninth rank with a weighted mean of 3.18 and also have a verbal interpretation of agree. Researchers believed that avoiding procrastination can benefit every student because of the fact that once they get in school, they know that they are ready, and they get enough rest to refresh their mind and be ready to a new challenge.

People who procrastinate recognize what they ought to be doing but choose to do other things of much less importance alternatively. The trouble with procrastination is that it has a tendency to bring about quite a few wasted times, which no longer can meet your desired result on that project and even place it in chance of never being finished in any respect. As a result, procrastination is one of the essential methods that human beings adopt that can turn success into devastation and can then result in emotions of guilt, fear and a loss of perceived control due to their loads of work [41].

In step with an academic technology Odaci [42] stated that educational procrastination is a great problem during college years in element due to the fact many university college students lack efficient time control talents in the use of the internet. Additionally, he states that maximum schools provide free and rapid twenty-four-hour internet provider which some college students are not normally acquainted with, and because of irresponsible use or lack of firewalls these students turn out to be engulfed in a world of procrastination. "Student syndrome" refers to the phenomenon where a scholar will begin to absolutely practice his or herself

to an undertaking simplest straight away earlier than a cut-off date. This negates the usefulness of any buffers built into person mission period estimates. Outcomes from an examine indicate that many students are aware about procrastination and thus set binding cut-off dates long before the date for which an assignment is due. Eventually, students have difficulties primarily placing closing dates, with effects suggesting a loss of spacing earlier than the date at which results are due. Procrastinators were located to obtain worse grades than non-procrastinators [43].

Taking the last rank was the item "Listening to music while studying to avoid being sleepy weighing a mean of 2.92 and a verbal interpretation of agree. Listening to music can be or cannot be beneficial to students depending on how they cope up and what they prefer to get more information to what they are studying.

Smith [44] noted that sufficient evidence shows that something has an effective effect on one's physiological states, feelings, and thought processes. For a student, it is vital to be aware. Song can be a lifesaver with regards to getting thru the emotional highs and lows and beat flows that accompany academic pastimes. Perhaps one has heard of what has popularly been coined the Mozart impact - the idea that listening to Mozart or other classical track complements intellectual function. This has been the situation of heavy debate, and the studies surrounding it has been misinterpreted in some instances. Although, there may be something to it. Even as taking note of Mozart would not make one an instant genius, there is evidence that paying attention to any track can resource memory overall performance and awareness while analyzing.

Various research in modern years have related song, memory, and emotion. To lower back this claim, Petr Janata has performed research to prove that track, reminiscence, and emotion are connected. He discovered that tune serves as a sturdy trigger for retrieving memories. All through his 2nd have a look at, Janata took a practical magnetic resonance imaging (fMRI) of college students' brains as he played popular songs from their youth and teen years. "After each experimentation, the student responded to questions about the tune, including whether it was familiar or not, how enjoyable it was, and whether it was associated with any particular incident, episode or memory" (UC Davis). This study reveals that music, memory, and feelings are strongly linked. This proof supports the theory that reading at the same time as taking note of track is a totally useful practice [45].

Table 5 shows the problems encountered affecting Academic Performance. It was found out that the respondents are often encountering problems in the above-mentioned problems with the composite mean of 2.61.

Among the items mentioned, "I am pressured in taking exams" got the topmost weighted mean score of 3.15 and got a verbal interpretation of often. The researchers believed that students are being pressured in taking exams because they are thinking that they would fail and not considering that they can pass their exams.

Scholastic pressure can affect students mentally as for others who are dissatisfied in relation with academic and school disappointment or even ignorance to such disappointment. They need to pay more attention to numerous scholarly weight/stacks, for example, school examination, notetaking, indicating progress in school courses and subjects. Having a clear understanding of what the instructor is teaching, contending with different classes, satisfying educators and guardians scholarly desires [46].

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The item "I struggle in concentrating due to my personal problems" follows which is on the second rank garnering a weighted mean of 2.76 and often as the verbal interpretation. Personal problems can greatly affect one's perception and mindset and it can be a domino effect later that all things around you would borne negative results.

A research conducted by Osa-Edoh and Alutu [47] examined the usefulness of imbibing in the students' study habit as a means of enhancing their academic performance. The study tried to eradicate into the fallen standard of education in Nigeria and reasons for the fallen standard from the perspective of the stakeholders in education, the teacher, parents as well as the students themselves. The study also examined efforts that have been put in place in die past to put an end to the fallen standard of education. As an example, the investigation of Demir et al. [48], which inspected the impact of development of in academic performance relating to scholastic accomplishments and considering

capabilities of college students, found that students can gain achievement helping students grown and learn with the aid of modules or books. Universities should observe situation and utilize techniques competently, for instance, effective pursuing, listening addresses, be aware taking, proficient composition and doing homework. It additionally exposed that those students in the honor roll had been achieved scholarly accomplishment when contrasted with the gathering of students.

Table 5. Problems Encountered Affecting Academic Performance

	WM	VI	Ran k
1. I am pressured in taking exams.	3.15	Often	1
2. I struggle in concentrating due to my personal problems.	2.76	Often	2
3. I lack in self-confidence and communication tactics	2.67	Often	4
4. I easily get distracted from different things like night-out with friends and parties	2.56	Often	7
5. I have difficulty in memorizing facts and information	2.65	Often	5
6. I don't get motivated in studying due to lack of interest in the subject	2.45	Often	8
7. I find it hard to focus due to my school's lacking in suitable resources	2.60	Often	6
8. I have problems in time management	2.70	Often	3
9. I have problems in my health physically and mentally due to stress in studies	2.42	Often	9
10. My home is located in a crowded and dangerous community which affects my studies	2.15	Some times	10
Composite Mean	2.61	Often	

Legend: 3.50 – 4.49 = Always 2.50 – 3.49 = Often; 1.50 – 2.49 = Sometimes; 1.00 – 1.49 = Never

Time administration helps specific works finish ahead of time and gives more opportunity to finish other works in no time [49], in this manner, improving the people's activity fulfillment [50]. Physical or human work will be aggrieved without initiation and proper time administration. Nonetheless, time management in the field of welfare and for nurture directors is of

central importance [51] because it is specifically classified from the welfare's population in general, and exercise in uselessness and absence of time management in medical professionals cause a decrease in efficiency.

Miqdadi [52] emphasized that lots of university college students approximately wasting so much time when it is requested to finish certain workload, they intend to become anxious due to not making it before the deadline. While there are others who discover sufficient time to socialize with their friends and finish their work in no time with no conflict; those people are called remarkable time managers, and who are the center of the research. Time management is very important, mainly in relation to college students due to the fact that it will benefit their grades and improve their productiveness but, most often college students face troubles like project unlikeliness and indecisiveness, so they begin to cram and procrastinate due to the fact they lack organizational capabilities. Thus, students will not be able to arrange obligations in accordance to their priorities, can get easily distracted, ending up cramming and panicking. In conclusion, time control is critical to any college scholar, and it is one of the main keys to have a higher and more favorable grade average.

Hofer [53] places that age assumes a basic part in the advancement of individual intrigue. He trusts it might develop or decay throughout the year. It can likewise change contingent upon alternate undertakings a man needs to oversee the objectives he or she is making, regardless of the length of the haul. Henceforth, the proposed individual enthusiasm, resulting to the prior view, as a static and durable wonder shall be addressed. In addition to this, Hoffman as referred to in Hofer [53] recommends that lacking enthusiasm for school matters, is particularly intense when students influence the change to optional to class. In relation to reality subsequently, the professors most prominent test is to consider students whose intrigue levels shift generally and may vacillate from temperament to inclination.

Universities were not just worried about their very own objectives, they needed to increase social endorsement by meeting the objectives of others, including educators. This investigation can give educators understanding the ways to help students have more clear understanding of their objectives thus a much better optimistic method may result better outcomes. The examination fortifies proficiency is social, as attested by the socio-social hypothesis. The need to make progress for not only for one's self but for

the benefit of others is much more encouraged. Teachers or instructors can help the students establish such objectives, which can help expand their odds for progress. This examination likewise underpins the possibility of creating connection between instructor and the student will cultivate achievement and have the student's interest on a subject [54].

According to Obeta [55], adolescents' aspiration is vastly influenced by their surroundings at home. The social growth of the kid starts from their home (circle of relatives). This is where the child understands and begin to know his self from the community, tradition, beliefs or religion and social class. For this reason, home affects the growth of the kid continually and strongly affects the child's life and instructional overall performance within the school. It needs to be remembered and keep noted that homes differ in phrases when it comes to their significance inside the social orders. For an instance, others have extra status, money and so forth while some already experienced so much and learned to understand a way to function inside the society or faculty environment.

Strolling separation as it has been distinguished by a few scientists gives off an impression of being a typical factor for poor scholastic execution. Adeboyeje, et al. [56] recognized that self-learning through contribution of partners as one among a few factors that causes poor execution of understudies out in the open examinations. The type of remedial mechanism being referred requires high commitment from the experts to able to offer effective teaching – learning outcome. For instance, government should be able to focus more attention on education by earmarking substantial allocation for the system which would ultimately result in recruitment of more qualified teachers, providing instructional materials, constructing physical facilities and providing other essential materials in the schools.

Table 6 below shows the difference of responses on the factors that help improve the academic performance of Custom Administration of Batangas Province. Based from the result, there was a significant difference observed on school-related factors, teachers-related

factors and study habit when grouped according to age having a p- values of 0.040, 0.022 and 0.037 respectively. There is also a significant difference between the school-related and teacher-related factors in weekly allowance having p-values of 0.002 and 0.006 which were lower than 0.05 alpha level. This means that there was an observed significant difference and was found out that 23 to 25 years old have higher assessment on school related factors.

The significant difference in terms of age of the respondents has great effect in order for the respondents to understand the views about the given factors making it as one of the most important characteristics a respondent must possess; higher age students or respondents indicate much higher level of maturity of individuals making age as a great factor and more important to examine the response because matured people tend to know more about something and can decide wisely due to their past experience that is why it is said that they may not think excessively making them easier to respond [57].

As to study habits, there was a significant difference observed on age (0.037) because the computed p-value was less than 0.05 alpha level. This only implies that there was a significant difference observed and was found out that those respondents whose age ranging 23 to 25 years old have higher assessment on study habits. As to their maturity because of their age, they have already experienced most of the study habits that they have mentioned which applies to them mostly in the way of looking and understanding any social phenomena.

CONCLUSIONS

Based on the findings of the study, it was concluded that majority of the respondents are 17-19 years old, female and with weekly allowance of 501 to 1000 pesos. Also, the respondents agreed that all school-related, teacher-related and study habits factor have a great impact and play a vital role in the improvement of the academic performance of the customs administration students.

Table 6. Difference of Responses on the Factors that Help Improve the Academic Performance of Customs Administration when Grouped According to Respondents' Profiles

	School Related			Teachers Related			Study Habit		
	F-value	p-value	I	F-value	p-value	I	F-value	p-value	I
Age	3.245	.040	S	3.852	.022	S	3.326	.037	S
Gender	0.249	.804	NS	0.631	.529	NS	01.679	.094	NS
Weekly Allowance	6.187	.002	S	5.181	.006	S	2.058	.130	NS

Legend : Significant at p-value < 0.05; HS – Highly Significant, S- Significant; NS-Not Significant

They strongly agreed that proper observance of class schedule of the school and teacher's mastery of the subject matter are two of the factors that can help them excel in their academic performance. It is also said that jotting down notes to understand certain topic really helps the students to improve their academic performance. One of the problems encountered that gained the highest was every student experience being pressured before an examination. A proposed action plan was formulated to address the problems encountered.

RECOMMENDATIONS

It is recommended that the schools or universities that participated in this study may focus on improving the proper observance of their class schedules for the benefit of the students' improvement in their academic performance. Teachers handling BSCA students may focus on the mastery of their subject for the students' understanding of the matter resulting to the improvement of their academic performance. Students may do their part to for the improvement of their academic performance by jotting down the important notes they need for improvement. The schools or universities may attend to their students' needs because based on the study, pressure to excel in the academics is the main problem affecting the students' performance by providing counseling to them and helping them in their academics. Proposed plan of action may be considered for implementation. For the future researchers, may this study be an inspiration for them to improve or continue conducting this study for the benefit of many students not just BSCA students by using different variables.

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